Tips for parents



Tip No. 1: Planning and preparation are key

- Together with the learner, plan and agree on the times during which learning will take place. Draw up a timetable and set reminders.
- Prepare the place where learning will take place, ensuring that all the material that will be needed (pencils, pens, highlighters, notepads, etc.) is within reach to avoid unnecessary distractions.
- Get the rest of the family on board and have them take part in quiet activities, like reading, while learning is in session.















Tips for parents

Tip No. 2: Keep learning sessions short

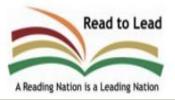
- Keep the learning sessions short but effective and reward learners with short, constructive breaks.
- Break up the learning sessions into manageable parts. Trying to get the learner to learn too much at one time will only result in a tired, unfocused and anxious brain.
- Get the learner to take a walk outside. A change of scenery, and the fresh air, will stimulate their learning.













11p No. 3 Learning through play

POWER OF PLAY

Let your children learn the fun way by incorporating play in their learning activities.

Benefits

From playing hopscotch to unleashing their creativity through crafts, learning through play is beneficial to your child's development. Play promotes their creativity and encourages them to use their imagination. It also increases their ability to learn.

Resources

Use what you already have in the home, like egg cartons, toilet paper rolls or cardboard containers. You may even take advantage of the weather and play outside.

Whatever you decide on, let the children lead; your job is to provide the space, resources, and time.

SUGGESTED ACTIVITIES

- Egg carton crafts
- DIY play dough
- Drawing and painting
- Hopscotch
- Hide and seek
- Singing games
- Acting games
- Playing house





Remember, the objective is to have FUN together!!!









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