

Grade R Home Programme

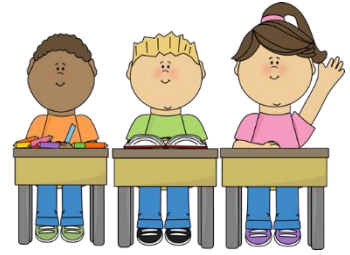


Week 7
18 – 22 May 2020

Grade R Home Programme

Dear Parents,

Due to the Corona Virus pandemic, schools have been closed since Wednesday 18 March 2020 until further notice.



As a result of the closure, the grade r teachers have been forwarding learning material to parents via whatsapp. We have been made aware that not all parents have been receiving the learning material and will thus henceforth, be uploading learning material to the school website. If you have not received learning material for grade r's previously then please contact Mrs Mooi 078 207 0856 who will be happy to forward it to you.

If you have any questions regarding the programme, please do contact your child's class teacher for clarification.

Stay safe, happy and healthy!

All of the best,
Grade R Teachers 😊

Programme

Doing schoolwork at home can be challenging in terms of getting into a routine. Below is an **idea** of a daily schedule that can be used while your children are at home.

Time	Activity	Details
Before 9am	Wake Up	Eat breakfast, make your bed, get dressed, put PJs in laundry.
09h00 – 10h00	Morning Walk	Family walk with dog, stretching if it's raining.
10h00 – 11h00	Academic Time	Home programme from school.
11h00 – 12h00	Creative Time	Lego, magnatiles, drawing, crafting, play music, cook or bake with an adult.
12h00	Lunch	
12h30	Chore Time	A. Wipe kitchen table and chairs B. Wipe door handles, light switches, and desk tops. C. Wipe bathroom sinks and toilets.
13h00 – 14h30	Quiet Time	Reading, puzzles and nap.
14h30 – 16h00	Academic Time	Home programme from school.
16h00 – 17h00	Afternoon Fresh Air	Bikes, walks, playing outside.
17h00 – 18h00	Dinner	
18h00 – 20h00	Free TV Time	Shower or bath.
20h00	Bedtime	

Academic Home Programme:

Monday 18th May 2020

Morning Ring (Must be done daily with the kids.)

What day is today? What is the date today?

How many days are there in a week? If today is Monday, what was yesterday? What day will tomorrow be?

Months of the year. How many months are there in a year? What month are we in now? What was last month? What will next month be? Which month is your birthday? (Please help the children along with the correct answers if they don't know it and give them praise when they get it right.)

The children to sing their days of the week and months of the year songs. **(Daily please)**

How many seasons are there? Which season are we in now? Which season will come next? What happens to the trees during this season?

Maths

Counting: The children should be able to count everyday objects up to 4 and count backwards from 4. Let the children show you 4 on their fingers. Sing 4 green bottles hanging on the wall, all the way to 0. Ask the children to jump/ stomp/ clap 4 times.



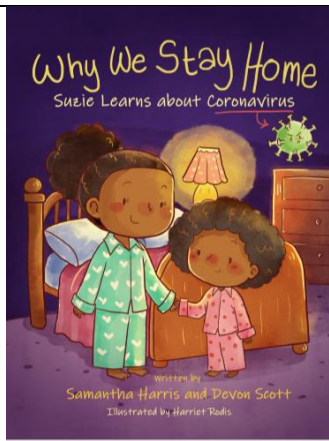
A fun activity for your child could be letting them match the lids to plastic containers and seeing if they fit.

English

Let the children to draw a picture of their weekend news. Encourage them to add lots of detail. Ask them what their

	<p>news is about and write a sentence/ caption for them beneath their picture.</p> <p>Some questions to ask your child:</p> <ul style="list-style-type: none"> • How do you feel about staying at home? • What do you like most about staying at home? • What do you not like about staying at home? • Do you like doing your schoolwork at home? • Do you miss your friends at school? • What do you miss the most about going to school?
Life Skills	<p>- Orally discuss the Corona Virus. Discuss why we are not at school at the moment, and the benefits of practicing good hygiene in this time. Chat about how a lot of the world are also not at school or work.</p> <p>Do some physical activities with your child. Try throwing a ball up in the air and catching it with both hands. Throw the ball to someone and ask them to throw it back to you. This will improve hand-eye coordination.</p>

Tuesday 19th May 2020	
Maths	<p>Morning ring: Day, date, weather.</p> <p>Counting: The children count on their number charts and count as far as they can, pointing to the number with their finger.</p> <p>Do a few word sums with the children with number 4. Eg: If I have 2 sweets and Mike brings 2 school, how many sweets do we have altogether? / If I have 4 cherries and I eat 1 how many will I have left? (Let the children use their fingers or bottle caps to count. Also give them time to think about the answer, be patient.)</p> <p>Do some spatial activities with the children like playing a game of Simon says: Simon says stand behind the chair, on top of the chair, in front of the chair, crouch and make yourself as small as possible, touch you left foot with your right hand, etc. Remind them to only do the activity if Simon says!</p>
English	Read the story ' Why we stay at home '



Questions for after the story

- Why did Suzie wake her sister up?
- How was Suzie feeling about staying at home with her family?
- Can we see the coronavirus with our eyes?
- What does Suzie have to do to make sure she stays safe from the coronavirus?
- How do we sanitize our hands?
- Do you think Suzie misses her friends from school?
- What is social distancing?



HOW TO MAKE PLAYDOUGH

Playdough ingredients:

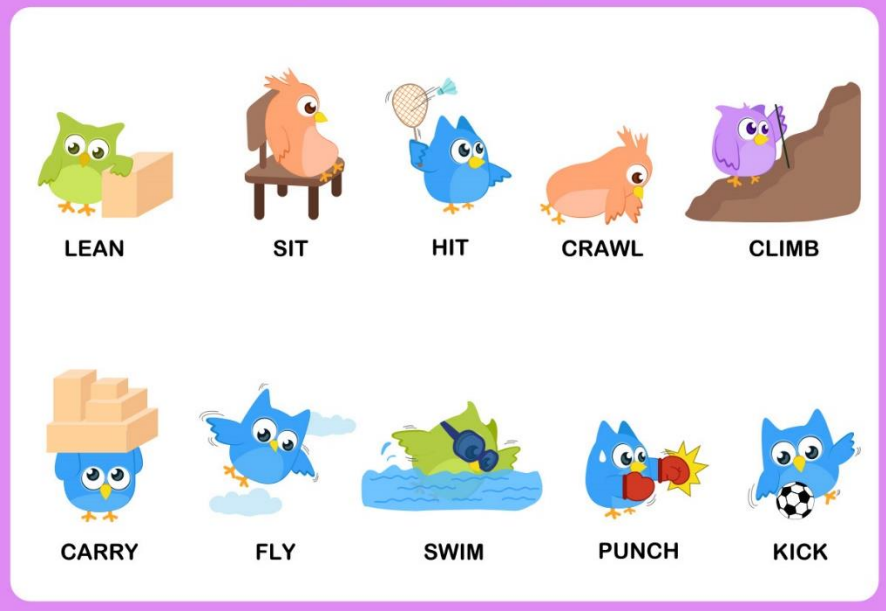
- 2 cups all-purpose flour
- 3/4 cup salt
- 4 teaspoons cream of tartar
- 2 cups lukewarm water
- 2 Tablespoons of vegetable oil (coconut oil works too)
- Food coloring, optional
- Quart sized bags

Stir together the flour, salt and cream of tartar in a large pot. Next add the water and oil. If you're only making one color, add in the the color now as well. Cook over medium heat, stirring constantly. Continue stirring until the dough has thickened and begins to form into a ball. Remove from heat

Life Skills

	<p>and then place inside a gallon sized bag or onto wax paper. Allow to cool slightly and then knead until smooth. If you're adding colors after, divide the dough into balls (for how many colors you want) and then add the dough into the quart sized bags. Start with about 5 drops of color and add more to brighten it. Knead the dough, while inside the bag so it doesn't stain your hands. Once it's all mixed together you're ready to PLAY.</p>
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Wednesday 20th May 2020	
Maths	<p>Morning ring: Day, date, weather.</p> <p>Do counting. Use the number chart and ask your child some questions:</p> <ul style="list-style-type: none"> • Which number comes after 2? • Which number comes before 4? • Which number is between 1 and 3? • Which number is bigger 2 or 4? <p>Orally solve word problems that involve the number 4 using concrete objects/ bottle caps or blocks.</p> <p>Examples:</p> <ul style="list-style-type: none"> - The teacher gives you 2 blocks and you already have 2 blocks. How many blocks do you have now? - If you have 2 blue balloons and 2 red balloons. How many balloons do you have altogether? - Jayson has 4 crayons and Leah has 1 crayon. Who has more crayons?
English	<p>Can you do these actions?</p> <p>Make sure there is an area big enough for you child to perform these actions. You can improvise by saying: climb on the couch, punch the air 10 times, carry the cushions to another couch, etc.</p>

	
Life Skills	Can you make a drawing of the coronavirus?

Thursday 21st May 2020																					
Maths	<p>Morning ring: Day, date, weather. Do counting. You can ask the children some questions about the numbers in relation to each other again.</p> <table border="1" data-bbox="387 1137 1442 1243"> <tr> <td style="text-align: center;">1</td> <td></td> <td style="text-align: center;">3</td> <td></td> <td style="text-align: center;">5</td> <td style="text-align: center;">6</td> <td></td> <td style="text-align: center;">8</td> <td></td> <td style="text-align: center;">10</td> </tr> </table> <table border="1" data-bbox="387 1272 1442 1377"> <tr> <td style="text-align: center;">11</td> <td style="text-align: center;">12</td> <td></td> <td></td> <td style="text-align: center;">15</td> <td></td> <td style="text-align: center;">17</td> <td></td> <td style="text-align: center;">19</td> <td style="text-align: center;">20</td> </tr> </table> <p>Ask your child if they know which numbers are missing.</p> <p>Use beans or macaroni to create groups of more than, less than and equal to. Example: make two groups of beans, put 1 bean on one side and 3 beans on the other side. Ask the child which side has more beans. Do a few activities like this with different amounts.</p>	1		3		5	6		8		10	11	12			15		17		19	20
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English	Help your child learn the words to the clever cat letterland song:																				

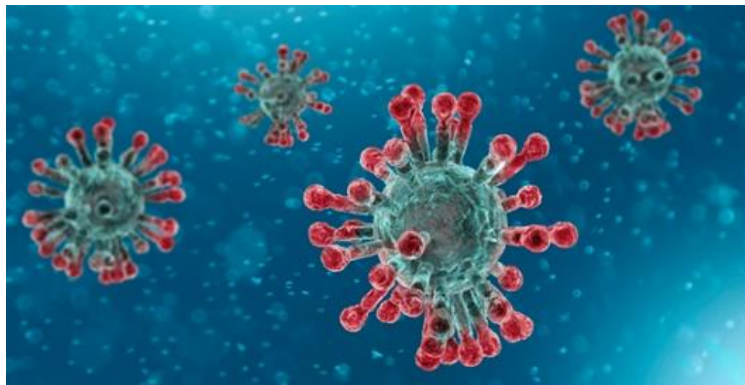


Clever cat


I'm clever cat
how do you do?
I've got the creamiest cakes for you
if you stroke my ears
or tickle my chin
then whiskers twitch and I start to grin
well I can count 1 2 3
so I'm the cleverest cat you could ever see
I can count 1 2 3
So I'm the cleverest cat you could ever see!
(The song can be sent to you via whatsapp.)

Play a board game like snakes and ladders and help you child count and move from block to block. Pretend that the snakes are the coronavirus and the ladders are the children killing the virus.

Life Skills



Friday 22nd May 2020

<p>Maths</p>	<p>Morning ring: Day, date, weather. Do counting.</p> <p>Let the children stand on their left leg and hop 10 times, they must do the same on their right leg. See if they can count to 10 and clap on every second number. They will clap on 2, 4, 6, 8, 10.</p>
<p>English</p>	<p>Help the children learn this rhyme:</p> <p style="text-align: center;"><u>Manners</u></p> <p style="text-align: center;">We say 'thank you'. We say 'please'. We don't interrupt or tease.</p> <p style="text-align: center;">We don't argue. We don't fuss. We listen when folks talk to us.</p> <p style="text-align: center;">We share our toys and wait our turn. Good manners aren't too hard to learn.</p> <p style="text-align: center;">It's really easy when you find, Good manners means just being kind.</p>
<p>Life Skills</p>	<p>Let the children look through an old magazine to find pictures of keeping clean and being hygienic in our homes and with our bodies. They must cut out the pictures and stick it on a chart. If you don't have magazines, they can draw their own pictures.</p> 

Please read to your child daily! 😊

For a child, the **more time spent with a parent reading aloud** increases his or her level of attachment, enhances a sense of security, and imparts the knowledge that their parent feels they are worthwhile people with whom to spend time.

(How to Raise a Reader)

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