

## What is online safety?

- Online safety refers to being cautious and responsible while using the internet to protect yourself and others from potential risks and harm.
  - This includes things like not sharing personal information with strangers, being careful about what you click on or download, and being respectful towards others online.
    - By practicing good online safety habits, you can enjoy the benefits of the internet while staying safe and secure.

### What is the internet?

- The Internet is an 'interconnected network' of computers.
- All around the world there are billions of computers connected by Wi-Fi and cables that share information between each other.
- You can get onto the Internet using a laptop, a computer, a tablet and even a mobile phone!
- The Internet is amazing when used safely and correctly.
- Here are some simple rules that will help you stay safe online.

## 1. Online Gaming:

- Always ask a trusted adult before you play games online.
- Use a username instead of your real name when playing games online.
- It is important to be nice to people so that you don't upset them. Remember to treat others how you would like to be treated.



# 2. Making Friends:

Only talk to people you know online. If someone you don't know sends you a request or message, ask a trusted adult.
Never agree to meet someone in person that you met online. Some people on the Internet might not be who they say they are.



## 3. Online Bullying:

- Online bullying is a type of bullying. It can take place when playing games or talking to people online.
- If someone says something that upsets you, tell a trusted adult, such as a teacher or parent, and block the bully.





Never share any of your personal information online, such

as your

name, address or school.



- Instead of using a photograph, use an avatar to represent your face.
- Before you share a photograph of you or your friends online, check with a trusted adult.
- If you get sent a photograph that upsets you, tell a trusted adult.

## STOP CLOSE TELL

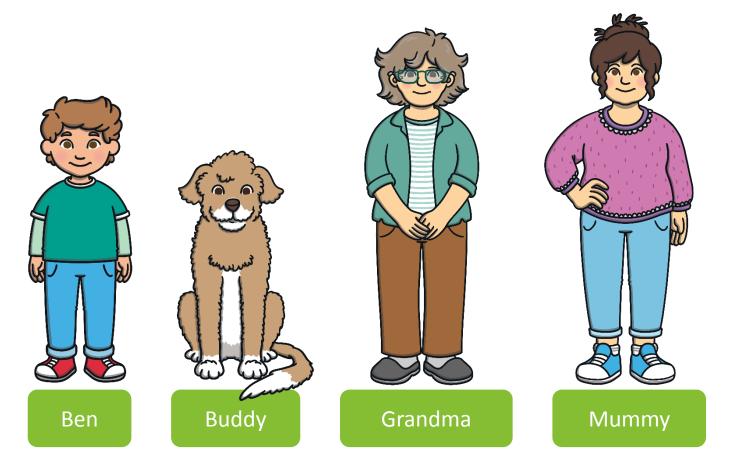
- STOP Stop what you are doing. Do not click on the page or reply to any messages.
- CLOSE Close the laptop. Put your phone or tablet down.
- TELL Tell a trusted adult.







There are 4 characters in this exciting story!



One day, Ben's Grandma came home from the shops looking very excited and gave Ben a tablet. She told Ben that she saw the tablet on sale, she had no idea what it did, but she knew that Ben had been asking for one for ages ! When Ben's Mummy saw the tablet, she was a little bit worried because you can use the Internet on it. She thought Ben was too young to know how to use the Internet safely.

Mummy made Ben promise that if he was ever unsure what to do with his tablet he would ask for help straight away!

Ben promised his Mummy that he was grown-up enough to use the tablet safely.

Ben's Mummy installed lots of child-friendly apps on to the tablet. She downloaded lots of fun games for Ben to play and told him he could only go on apps on his tablet that she had looked at first.

Ben's Mummy asked Buddy the dog if he would help to make sure Ben used his new tablet safely. Buddy barked very loudly to tell Mummy that he would!

Ben had lots of fun playing on his tablet until suddenly, an advert for a new game appeared.

There was an arrow that Ben could press to download the new game.

Ben had never seen the game before but he thought it looked very exciting! He asked Buddy, "Do you think I should press the arrow to download the new game?"

Buddy helped Ben to decide what to do by singing his helpful 'Use Your Tablet Safely' song!



Buddy's 'Use Your Tablet Safely' Song (Sung to the tune of Frère Jacques) Ask your grown-up,

Ask your grown-up,

Ask for help!

Ask for help!

Use your tablet safely,

Use your tablet safely,

Woof, woof, woof!

Woof, woof, woof!

Ben listened to Buddy's song and did the right thing, ne shouted out, Mummy, Mummy, I need your help!"

Ben's Mummy came quickly and looked at Ben's tablet. She told Ben that the advert was for a game for older children and that it would be too tricky for Ben. She said well done to Ben for calling for help when he wasn't sure what to do. She downloaded a new game for him, which he had lots of fun playing on.

#### The next day, Ben and his Mummy went shopping together.

Mummy told Ben that because he had been so sensible using his tablet, he could watch a video on her phone while she was shopping.

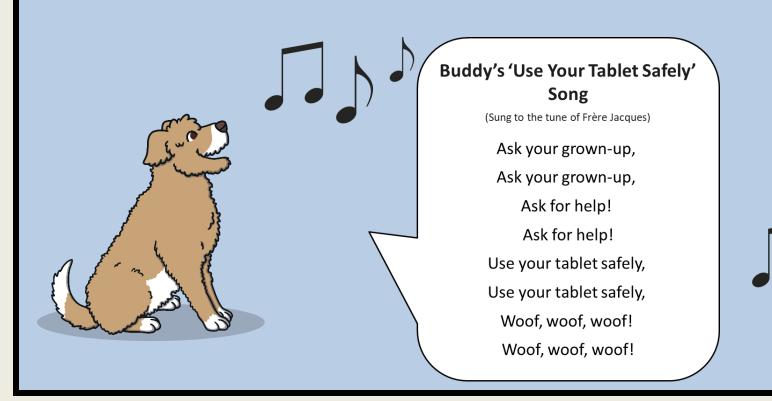
Ben accidentally pressed something on the phone and a different video appeared on the screen. Ben didn't know if he should watch the video and Buddy wasn't there to help him. He wondered, "Should I watch this video, even though I don't know what it is?"

#### Ben remembered what Buddy's song said to do...

"Ask your grown-up, Ask your grown-up, Ask for help! Ask for help!" Ben shouted out, "Mummy, Mummy, I need your help!" Mummy quickly came and looked at her phone. She told Ben that on the Internet there are some videos that are not suitable for children, just like some TV shows and films on the television. She told Ben he was very clever asking for help and for not watching a video when he didn't know what it was. Later that night, Ben was having lots of fun playing a game online against one of his friends from school. Suddenly a message from someone Ben didn't know appeared on the screen. It said "Hello, can I play too?" Ben was shocked and didn't know what to do. He didn't know this person but he didn't want to be unkind and say they couldn't play the game.

Just as Ben was about to message the person back to say they could play too, Buddy started barking! Ben asked Buddy, "Do you think I should let this person join in my game?

Buddy helped Ben to decide what to do by singing his helpful 'Use Your Tablet Safely' song!



Ben listened to Buddy's song and did the right thing.

He shouted, "Mummy, Mummy, I need your help!"

This time Grandma came to see Ben because his Mummy was busy. She asked if she could help him.

Ben told his Grandma that he was unsure if he should reply to the person he doesn't know.

Grandma asked Ben, "If you were playing in the park and a stranger asked you to play a game with them, would you?"

Ben looked shocked and told his Grandma that you should never talk to strangers!

Ben's Grandma told him that it was the same on the Internet.

"If you don't know the person who is asking to play, you shouldn't talk to them." said Grandma.

Ben tells his Grandma that he thinks she is right and he should only talk to people on the Internet that he knows. He shouldn't talk to strangers online.

Grandma asks Ben if he will show her how to use the Internet safely on his tablet as she has no idea what to do!

Ben helps to teach his Nanny how to use the Internet safely. He teaches her some important Internet safety rules!

### Be amast when using the internet:

**Safe:** You wouldn't give a stranger on the street personal information, so don't do it online. Stay safe by not posting or sharing information (name, address, password, etc.).

Meeting: It is dangerous to meet someone that you have talked to online but never met.

**Accepting:** There are loads of ways to download information on the Internet. Accepting emails, internet messages, text or pictures from a source you don't know may contain viruses or inappropriate information.

**Reliability:** Just because it's on the Internet does not mean it's true. Anyone can add or edit information, or lie about who they are! Stick to websites you trust for information and only talk to friends and family.

**Tell:** If anything happens that makes you feel worried or uncomfortable when using the Internet, you need to tell someone. The best people to talk to are trusted adults - parents, carers, teachers, etc.



# Never Open or Respond to Unwanted Emails



They May Contain Viruses or Nasty Messages, or Somebody Maybe Trying to Trick You







